

# PATIENT INFORMATION

## Coury Family Medicine

5424 E. Southern Avenue, Suite 101, Mesa, AZ 85206  
1520 W. Guadalupe Rd. Suite 108, Gilbert, AZ 85233

Phone: 480-654-6200  
Phone: 480-633-6200

Fax: 480-654-6214  
Fax: 480-654-6214

**WELL WOMAN EXAM Date:** \_\_\_\_\_

**Patient Name:** (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

### Gynecologic History

First day of last menstrual period: \_\_\_\_\_

How many days in between your cycles? \_\_\_\_\_

How long does your period last? \_\_\_\_\_

Do you have:

Pelvic Pain? *YES NO*

Any vaginal discharge or sores? *YES NO*

Pain with intercourse? *YES NO*

Bleeding after intercourse? *YES NO*

Have you ever taken any hormone replacement therapy? *YES NO* If yes, when? \_\_\_\_\_

If post-menopausal, have you had any bleeding since you went through menopause? *YES NO*

### Pregnancy History

Number of times you have been pregnant? \_\_\_\_\_

Number of completed pregnancies? \_\_\_\_\_

Could you currently be pregnant? \_\_\_\_\_

### Family Planning

Are you sexually active? *YES NO*

What do you use for birth control? \_\_\_\_\_

How many partners have you had? \_\_\_\_\_

Have you ever had an STD? *YES NO*

If yes, what kind? \_\_\_\_\_

Would you like STD screening? *YES NO*

### Pap History

Have you ever had an abnormal pap? *YES NO*

If yes, when?: \_\_\_\_\_

What kind of abnormality? \_\_\_\_\_

Was a colposcopy performed? *YES NO*

### Pelvic/Abdominal Surgeries

Have you ever had pelvic surgeries? *YES NO*

If yes, what for? \_\_\_\_\_

Have you ever had a colonoscopy? *YES NO*

If yes, when? \_\_\_\_\_

Any abnormal findings? *YES NO*

### Osteoporosis History

Prior screenings for Osteoporosis? *YES NO*

If yes, when and results? \_\_\_\_\_

Taking calcium and vitamin D? *YES NO*

Any history of fractures as an adult? *YES NO*

### Mammogram History

Have you ever had a mammogram? *YES NO*

If yes, when: \_\_\_\_\_

Any abnormal mammograms? *YES NO*

If yes, when? \_\_\_\_\_

Did you have? *Biopsy Cyst drained? Surgery?* \_\_\_\_\_:

Do you perform self-breast exams? *YES NO*

Any breast lumps, nipple discharge or other concerns? *YES NO* \_\_\_\_\_

### Past Medical History

Please circle if you have had now or any of the following medical conditions:

*Allergies, Anemia, Anxiety, Depression, Arthritis, Blood Clots: where? \_\_\_\_\_*

*Cancer: where? \_\_\_\_\_ Diabetes,*

*Heart Disease, High Blood Pressure,*

*High Cholesterol, Lung Disease: Asthma*

*COPD Emphysema, Migraine*

*Skin Disorder: what kind \_\_\_\_\_*

*Other? \_\_\_\_\_*

### Family History

Do you have a parent or sibling with a history of colon, breast, uterine, prostate or ovarian cancer or osteoporosis, depression, or heart disease? *YES NO*

If yes, what family member, and what disease?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Prevention History

Do you eat a well-balanced diet that is low in sugar and fats? *YES NO*

Do you exercise regularly? *YES NO*

Days per week: \_\_\_\_\_ Length: \_\_\_\_\_

Type of exercise: \_\_\_\_\_

Last Tetanus shot: \_\_\_\_\_ Flu shot: \_\_\_\_\_

Last EKG: \_\_\_\_\_

Tobacco use? *YES NO* How long? \_\_\_\_\_

Gardasil (HPV) vaccine? *YES NO*

